



# The Nutrition Program at ASRSD



Our Cafeteria Staff Is Committed To Providing Your Children With Nutritious Meals In A Pleasant Environment

## STUDENT MEAL PRICES

	Breakfast	Lunch
ASHS	\$2.00	\$3.25
ASMS	\$1.50	\$2.00
PH \$ LAW	\$1.50	\$2.75
(Milk is included in a reimbursable meal)		
Milk Only	.50	
(not part by free & reduced)		

A la carte options for High and Middle. (not covered by free or reduced lunch status)	
Juice, Milk or Snacks-	\$.50-\$1.00
Breakfast Items-	\$1.00
Soup	\$1.50
Side Salad-	\$2.50

**Please note-** High school and middle school students have the option of purchasing more than 1 meal, a la carte snacks and beverages during the lunch period. However, 2<sup>nd</sup> meals are not covered by free and reduced status and they are not allowed to purchase or charge any of these items if they owe lunch money. Debt must be paid first. Please see our full MEAL CHARGE POLICY [ASRSD Food Services](#).

## MEAL PAYMENT OPTIONS

### MY SCHOOL BUCKS ONLINE:

For the on line payment option please go to [myschoolbucks.com](http://myschoolbucks.com) to set up an account. There you will be able to add money to your child's account with a credit card. You will also be able to view balance/purchase information for the past ninety days. If you have multiple children in different school buildings at ASRSD, you can enter payments for all students in one transaction.

### PAYMENTS BY CHECK OR CASH:

You may send in a check or cash. If you choose to send in a check to prepay your student's meal account, please place your check in an envelope addressed to the Cafeteria Manager at your child's school. Checks should be made payable to: ASRSD Food Services. If you would like to split one check between your children please contact the Food Service Coordinator. You may also continue to pre-pay w/cash or pay cash daily at the POS. *All balances carry over to the next year.*

## FREE & REDUCED PRICE LUNCH

### DIRECT CERTIFICATION:

*Unless you have received a letter from the school for the upcoming school year stating that your child is approved through Direct Certification, your child is not eligible. You must apply **every year** if you would like to see if your child qualifies for free or reduced price lunch. If you have received the letter stating your child is eligible please **do not** send in an application. If any of your school age children are not listed please contact the Food Service Coordinator.*

## APPLICATIONS:

Free and Reduced Lunch Applications are sent home on the first day of school. They may also be emailed prior to that. If you are applying please read [Common Mistakes & Things To Remember](#). Please click [ASRSD Food Services](#) to find the application and instructions. Once you return your app you should receive an eligibility approval or denial letter within 10 days. If not, please call the Food Service Coordinator.

You have not been approved unless you receive an approval letter from the school. Please turn in the application a.s.a.p. to avoid unnecessary meal charges.

### THE BASICS OF THE MEAL CHARGE POLICY

- If a student forgets lunch money they can charge a meal. Payment is expected the following day. Students are allowed to charge up to 10 meals.
- When student reaches 10 charged meals they will be offered an alternate meal only.
- Alternate meals will be charged at the regular rate.
- Low and negative account balance notices will be e-mailed, but parents are responsible for keeping track of student balances. Balances can be viewed by signing up at [myschoolbucks.com](http://myschoolbucks.com). It is not necessary to put a credit card on file to view an account balance.
- No a la carte items will be sold to students with a negative balance, cash sales included. All items other than a reimbursable meal are considered a la carte. (sandwiches, cookies, chips etc.)
- Parents may place a block on a child's accounts for a la carte or request a transaction history by contacting the Food Service Coordinator.
- All accounts must be settled by the end of the school year.
- For the complete meal policy please go to [ASRSD Food Services](#).

**Non-Discrimination Statement:** This explains what to do if you believe you have been treated unfairly.

"In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, sex, disability, age, or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by USDA.

Persons with disabilities who require alternative means of communication for program information (e.g. Braille, large print, audiotope, American Sign Language, etc.), should contact the Agency (State or local) where they applied for benefits. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339. Additionally, program information may be made available in languages other than English.

To file a program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, (AD-3027) found online at: [http://www.ascr.usda.gov/complaint\\_filing\\_cust.html](http://www.ascr.usda.gov/complaint_filing_cust.html), and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992.

Submit your completed form or letter to USDA by:

- (1) mail: U.S. Department of Agriculture  
Office of the Assistant Secretary for Civil Rights  
1400 Independence Avenue, SW  
Washington, DC 20250-9410