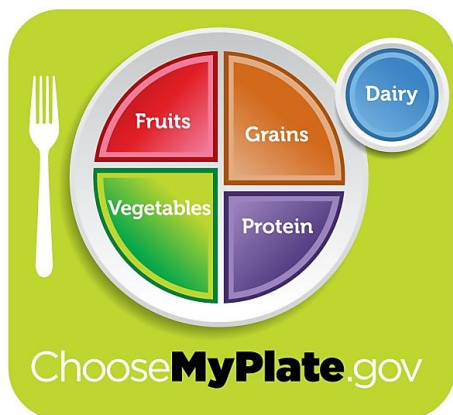


The Nutrition Program at ASRSD



Our Cafeteria Staff is Committed To Providing Your Children With Nutritious Meals In A Pleasant Environment.

Meal Prices

	Breakfast	Lunch
ASHS	\$2.00	\$3.25
ASMS	\$1.50	\$2.75
PH & LAW	\$1.50	\$2.75

A la carte options for High and Middle

Snacks, juice or veggie side-\$.50-1.50

Breakfast Items-\$1.00

Beverages-\$1.00

Soup-\$1.50

Side Salad-\$2.50

Please note- High school and middle school students have the option of purchasing; more than 1 meal, a la carte snacks and beverages at any time during the lunch period. However, they are not allowed to purchase any of these items if they owe lunch money. Please see our NEW MEAL POLICY on www.asrsd.org.

All meals, foods and beverages sold or served at our schools follow the current USDA Dietary Guidelines.



PAYMENT OPTIONS

MY SCHOOL BUCKS

On-line payments

Please go to www.myschoolbucks.com.

There you will be able to set up & add money to your child's account with a credit card. You will also be able to view balance/purchase information for the past ninety days. If you have multiple children in different schools, you can enter payments for all students in one transaction.

PAYMENTS BY CHECK OR CASH

If you choose to send in a check to prepay your student's meal account, please place your check in an envelope addressed to the Cafeteria Manager at your child's school. Checks payable to ASRSD. Your student's name or PIN # should be on the check. You can send in one check for multiple students at one school but not for multiple students at different schools. If the check is for multiple students make sure to note each student's name or PIN# on the check and the amount you wish deposited into each account. You may also continue to pre-pay w/cash or pay daily at the POS. *All balances carry over to the next year.*

ASRSD: THE NEW MEAL CHARGE POLICY

The Basics

- ***If a student forgets lunch money they may charge a meal. Payment is expected the following day.***
- **WHEN A STUDENT REACHES THE "ACCOUNT CAP" FOR CHARGED MEALS THEY WILL BE OFFERED AN ALTERNATE MEAL ONLY. (SEE FULL POLICY ON WEBSITE)**
- ***Alternate meals will be charged at the regular rate.***
- ***Low and negative account balance notices will be e-mailed, but parents are responsible for keeping track of student balances. Balances can be viewed by signing up at myschoolbucks.com. It is not necessary to put a credit card on file to sign up and view your child's account balance.***
- ***No a la carte items will be sold to students with a negative balance, cash sales included. (cookies, chips etc.)***
- ***Parents may place a block on accounts for a la carte by writing or e-mailing the Food Service Director.***
- ***All accounts must be settled by the end of the school year.***
- ***For the complete meal policy and other information about the Nutrition Program please go to the ASRSD website.***

Visit us on the web:
<https://www.asrsd.org/district/departments/food-services>

Free & Reduced Price Lunch

DIRECT CERTIFICATION

You must apply every year for free and reduced price lunch unless you have received a letter stating that you have been approved through Direct Certification for the current school year.

APPLICATIONS

If you are applying *please read the **Common Mistakes & Things to Remember*** attached to the application form or go to asrsd.org for more information. If you have not received a confirmation letter within 10 days of turning in an application please call Susan Parker.

You have not been approved until you receive an approval letter from the school. Please return the application as soon as possible to avoid unnecessary meal charges.

Non-Discrimination Statement: This explains what to do if you believe you have been treated unfairly.

"In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, sex, disability, age, or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by USDA.

Persons with disabilities who require alternative means of communication for program information (e.g. Braille, large print, audiotape, American Sign Language, etc.), should contact the Agency (State or local) where they applied for benefits. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339. Additionally, program information may be made available in languages other than English.

To file a program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, (AD-3027) found online at: http://www.ascr.usda.gov/complaint_filing_cust.html, and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992.

Submit your completed form or letter to USDA by:
(1)

mail: U.S. Department of Agriculture
Office of the Assistant Secretary for Civil Rights
1400 Independence Avenue, SW
Washington, D.C. 20250-9410

Contact Information:
Susan Parker, Food Service Director
115 Washington St.
Ayer MA 01432
978-772-8600 ext.1167